



City of Frisco
Over the Counter Drugs

The following drug classes will be set up to allow for the \$5 over the counter coverage.

- I. Generic and brand proton pump inhibitors - whose main action is a pronounced and long-lasting reduction of gastric acid production. The following are examples of these over the counter drug options
 - lansoprazole (Prevacid)
 - omeprazole magnesium (Prilosec)
 - omeprazole and sodium bicarbonat (Zegerid)
 - esomeprazole magnesium (Nexium)

- II. Generic and brand H₂ Antagonists - also called H₂ blockers, are a class of medications that block the action of histamine at the histamine H₂ receptors of the parietal cells in the stomach. This decreases the production of stomach acid for treatment for GERD (Gastroesophageal reflux disease)
 - famotidine (Pepcid-AC)
 - cimetidine (Tagamet and Tagamet-HB)
 - ranitidine (Zantac and Zantac 75)

- III. Generic or brand non-sedating antihistamines - reduce or stop sneezing, runny noses, and itching, commonly used for allergies.
 - cetirizine (Zyrtec)
 - fexofenadine (Allegra)
 - levocetirizine (Xyzal)
 - loratadine (Alavert, Claritin)
 - cetirizine with pseudoephedrine (Zyrtec-D)
 - fexofenadine with pseudoephedrine (Allegra-D)
 - loratadine with pseudoephedrine (Claritin-D, Alavert-D)

Please call or contact our Cigna Navigator to our account for questions or to connect the your pharmacy with our specific Cigna prescription Plan at mycignahelper@cigna.com or at 214-490-9002. You can also contact the mainline at Cigna at 800-244-6224 to seek assistance.