

COVID-19 Quarantine Quick Reference Guide for Non-Public Safety Personnel

(Updated June 10, 2022)

This chart provides information on how long an employee should self-isolate when they are symptomatic or test positive for COVID-19. It also provides information for self-quarantine when they have a household member who is symptomatic or tested positive for COVID-19.

Scenario	Quarantine/Isolation Period
COVID POSITIVE OR SYMPTOMATIC EMPLOYEE	
<p>1 Employee has tested positive for COVID-19 regardless of vaccination status or on-set of symptoms, whichever is first.</p> <p>Positive test or on-set of symptoms is day 0 when counting days to quarantine. I.e., if my symptoms start on 1/4/2022, this is day 0 and I can return to work on 1/12/2022.</p>	<ul style="list-style-type: none"> • Stay home for 5 days – employee may work at home if able with management approval. • You may return to work after 5 days if you have no symptoms or your symptoms are resolving (without fever for 24 hours without the use of fever-reducing medication). Negative COVID test is NOT necessary to return to work. • If you have a fever beyond 5days, continue to stay home until your fever resolves. • May use available paid time while on leave i.e., sick, vacation, comp time (also applies for household exposure)
HOUSEHOLD EXPOSURE	
<p>2 Someone living with the employee has tested positive for COVID-19 or on-set of symptoms, whichever is first.</p> <p>Positive test or on-set of symptoms is day 0 when counting days to quarantine.</p>	<ul style="list-style-type: none"> • Stay home for 5 days – employee may work at home if able with management approval. • Test on day 5 if possible. If negative test, then may work without mask. • If positive test, then refer to #1 above. Employee may work at home if able with management approval.
CHILD HAS BEEN SENT HOME BY SCHOOL	
<p>3 Employee’s child was sent home by the school because he/she exhibited COVID-19 symptoms</p>	<p>If the child is symptomatic, this would fall under the HOUSEHOLD EXPOSURE scenarios.</p>
<p>4 Employee’s child was sent home by the school and was requested to quarantine due to exposure at school; the child is not symptomatic</p>	<p>Quarantine period will be set by the school.</p> <p>Note: the employee is not required to be quarantined unless their child becomes symptomatic or tests positive for COVID-19.</p>