

BENEFIT	PROVIDER	WEB/EMAIL	PHONE
<b>Medical</b>			
MY CIGNA HELPER	Cigna Group # 3341122	mycignahelper@cigna.com	214-490-9002
CIGNA NURSE HEALTH LINE PRESCRIPTION	Cigna Group # 3341122	mycigna.com Network: Open Access Plus	800-244-6224 Home-Delivery: 800-285-4812
HEALTHY PREGNANCY PROGRAM	Cigna	mycigna.com	800-615-2906
TELEHEALTH (Virtual Doctor)	MDLive	mdliveforcigna.com	888-726-3171
EMPLOYEE ASSISTANCE PROGRAM	Cigna	mycigna.com Employer ID: friscotexas	877-622-4327
HEALTH SERVICES CONCIERGE	Alight	shelly.gupta@alight.com	855-777-0534
WELLNESS PROGRAM	Asset Health	assethealth.com/frisco support@assethealth.com	855-444-1255
<b>Dental</b>			
DENTAL DPPO - NO ID CARD	Cigna DPPO Group # 3341122	mycigna.com	800-244-6224
DENTAL DHMO	Cigna DHMO Group # 3341122		
<b>Vision</b>			
VISION	Superior Vision Group # 036477	superiorvision.com	844-549-2603
<b>Protection</b>			
LIFE INSURANCE SHORT TERM DISABILITY (STD) LONG TERM DISABILITY (LTD) FMLA AND CITY LEAVE OF ABSENCE	The Hartford Policy # 681084	mybenefits.thehartford.com/login	800-523-2233 (life) 888-458-5541 (STD, LTD, FLMA, LOA)
CRITICAL ILLNESS AND ACCIDENT	UNUM (grandfathered employees only)	unum.com	800-635-5597
<b>Financial</b>			
FSA OR HRA	Cigna	mycigna.com	800-244-6224
RETIREMENT	TMRS	tmrs.org	800-924-8677
457 # 302806 ROTH IRA # 705014	ICMARC	icmarc.org	800-669-7400

Tear me off for the fridge

**Open Enrollment Period**  
**October 19 - October 30 at 5:00pm**

-----

- 2020 Benefits will continue to 2021 including FSA accounts, unless you make changes during the Open Enrollment Period.
- New medical cards will be issued for 2021.
- Get the full enrollment brochure on [www.friscotexas.gov/benefits](http://www.friscotexas.gov/benefits)
- Questions? Call 972-292-5202 or email [benefits@frisco.gov](mailto:benefits@frisco.gov)



**We're expecting a great year ahead!**



**Important 2021 Benefits Information**

We are making 2021 enrollment simple! This mailer provides you with everything you need to know about 2021 benefit changes. Please take the time to review carefully.

## BENEFIT CHANGES FOR 2021

- **Brand Prescriptions Copay Change**

You pay 30% coinsurance, with a maximum limit.

	30-day supply, maximum you pay	90-day supply, maximum you pay
Brand Preferred	\$35	\$70
Brand Non-Preferred	\$50	\$100

Example of 30-day brand preferred Rx:

Rx cost: \$ 130.00  
30% coinsurance: \$ 39.00  
Maximum you pay: \$ 35.00

- **2021 FSA Healthcare Account**

Annual maximum increased from \$2,700 to \$2,748

- **Virtual Health**

- Free for employees and dependents enrolled in the City medical plan
- MDLive now offers Virtual Wellness visits
- Free virtual behavioral health visit
- AMWELL is no longer a network provider

- **Retirement**

The City made improvements to your retirement benefit provided by ICMARC beginning January 1, 2021:

- Best in class investment offerings
- Lower investment fee structure
- Changes to the ROTH plan
- Loan provision added for employees

Full details about ICMARC changes and plan offerings available on the benefits site

- **New Benefit for 2021**

The City's onsite Health Clinic is currently on hold, however the City worked with Freedom Total Wellness (FTW), so that City of Frisco employees may receive medical treatment for urgent or primary care visits at no cost to you.

- Free for employees and dependents enrolled in the City medical plan
- Walk-in and scheduled appointments available
- Provides another option for a biometric screening

## 2021 OPEN ENROLLMENT

- Open enrollment begins October 19 and ends at 5pm October 30.
- No action is required unless you want to make changes to your benefits for 2021.
- If you enrolled in Flexible Spending Accounts (FSAs) for 2020, **you will be enrolled** for the same amount for 2021 unless you make changes.
- Changes to supplemental life insurance are made through the Hartford enrollment site. Refer to the benefits site for details.
- A benefit enrollment presentation has been posted at [www.friscotexas.gov/benefits](http://www.friscotexas.gov/benefits) which provides information specific to Open Enrollment. All forms and links are located on your benefits site.
- All employees enrolled in medical plans for 2021 will receive new medical ID cards.

All full-time employees should make sure their beneficiary information is up to date. Instructions are found on [www.friscotexas.gov/benefits](http://www.friscotexas.gov/benefits).

Scan this QR code with your smart phone to watch a 2 minute video regarding the benefit changes.

