



**Monday May 27th**  
**Modified Group Exercise Schedule**

<b>8:15a</b>	<b>Fit Cycle</b>	<b>Gold Medal</b>	<b>Elizabeth</b>
<b>9:30a</b>	<b>Yoga (45 min)</b>	<b>Gold Medal</b>	<b>Grace</b>
<b>9:30a</b>	<b>TB Strength</b>	<b>Studio 1 &amp; 2</b>	<b>Lauren</b>
<b>10:30a</b>	<b>Tai Chi/Qi Gong (45 min)</b>	<b>Gold Medal</b>	<b>Grace</b>
<b>11:30a</b>	<b>Pilates (45 min)</b>	<b>Studio 1 &amp; 2</b>	<b>Grace</b>

**Facility Hours 8:00am to 8:00pm**

**Fun Club 8:00am to 4:00pm**

**The Zone 8:00am to 12:45pm**