

# 2019 PREVENTIVE GENERICS AND PREFERRED BRANDS DRUG LIST



As of January 1, 2019

Preventive medications are used to prevent conditions like high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

This document shows the most commonly prescribed preventive generic and preferred brand medications your plan covers as of January 1, 2019.<sup>1</sup> **The Preventive Generics and Preferred Brands Drug List is regularly updated so it's important to know that this is not a complete list of covered medications, and not all of the medications listed here may be covered by your specific plan.**

#### Here's some helpful information about this drug list:

- › Medications are listed alphabetically by the condition they prevent.
- › Brand name medications are capitalized and generic medications are lowercase.
- › Some brand name preventive medications have a generic equivalent. For these medications, the generic will be listed in parenthesis next to the brand name.
- › Some preventive medications are also considered "specialty" medications. Some plans may cover specialty medications on a specialty tier, may limit coverage to a 30-day supply and/or require you to use a preferred specialty pharmacy to receive coverage. Please log in to the **myCigna**<sup>®</sup> website or app, or check your plan materials, to learn more about how your plan covers specialty medications.

#### Some plans have specific coverage requirements for preventive medications.

For example, some plans may:

- › Require you to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) to receive coverage for a preventive generic medication. Or,
- › Cover preventive generic medications at 100%, or no cost (\$0) to you.

You should log into the **myCigna**<sup>®</sup> website or app or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medication may cost.<sup>2</sup>

#### Go generic and save

Your plan covers many preventive medications. You should ask your doctor if a lower-cost generic medication may be right for you. Generics have the same strength and active ingredients as brand name medications, but often cost much less – in some cases, up to 85% less.<sup>3</sup>

Together, all the way.<sup>®</sup>



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

886015 m Gen&PB With Diabetic Supplies for Std/Perf 08/18

# Preventive Generics and Preferred Brands Drug List

## Asthma related

Advair Diskus  
Advair HFA  
albuterol  
Anoro Ellipta  
Atrovent HFA  
Breo Ellipta  
budesonide  
caffeine citrate  
Combivent Respimat  
cromolyn  
fluticasone-salmeterol  
Incruse Ellipta  
ipratropium  
ipratropium-albuterol  
levalbuterol  
levalbuterol concentrate  
levalbuterol HFA  
metaproterenol  
montelukast  
ProAir HFA  
ProAir RespiClick  
Pulmicort Flexhaler  
QVAR RediHaler  
Serevent Diskus  
Spiriva  
Spiriva Respimat  
Stiolto Respimat  
Striverdi Respimat  
Symbicort  
terbutaline  
Theo-24  
Theochron  
theophylline  
Ventolin HFA  
Xolair  
zafirlukast  
zileuton ER

## Blood pressure related

acebutolol  
acetazolamide  
Afedtab CR  
amiloride  
amiloride-HCTZ  
amlodipine  
amlodipine-benazepril  
amlodipine-olmesartan  
amlodipine-valsartan  
amlodipine-valsartan-HCTZ  
atenolol  
atenolol-chlorthalidone

benazepril  
benazepril-HCTZ  
betaxolol  
bisoprolol  
bisoprolol-HCTZ  
bumetanide  
Bystolic  
Byvalson  
candesartan  
candesartan-HCTZ  
captopril  
captopril-HCTZ  
Cartia XT  
carvedilol  
carvedilol ER  
chlorothiazide  
chlorthalidone  
clonidine  
Demser  
diltiazem  
diltiazem 12hr ER  
diltiazem 24hr CD  
diltiazem 24hr ER  
diltiazem ER  
Dilt-XR  
Diuril  
doxazosin  
Dyrenium  
enalapril  
enalapril-HCTZ  
eplerenone  
eprosartan  
felodipine ER  
fosinopril  
fosinopril-HCTZ  
furosemide  
guanfacine  
hydralazine  
hydrochlorothiazide  
indapamide  
irbesartan  
irbesartan-HCTZ  
isradipine  
labetalol  
lisinopril  
lisinopril-HCTZ  
losartan  
losartan-HCTZ  
Matzim LA  
methazolamide  
methyclothiazide  
methyldopa

methyldopa-HCTZ  
metolazone  
metoprolol  
metoprolol ER-hctz  
metoprolol-HCTZ  
minoxidil  
moexipril  
moexipril-HCTZ  
nadolol  
nadolol-bendroflumethiazide  
nicardipine  
nifedipine  
nifedipine ER  
nimodipine  
nisoldipine  
olmesartan  
olmesartan-amlodipine-HCTZ  
olmesartan-HCTZ  
perindopril  
phenoxybenzamine  
pindolol  
prazosin  
propranolol  
propranolol ER  
propranolol-HCTZ  
quinapril  
quinapril-HCTZ  
ramipril  
Sorine  
sotalol  
sotalol AF  
spironolactone  
spironolactone-HCTZ  
Taztia XT  
Tekturna  
Tekturna HCT  
telmisartan  
telmisartan-amlodipine  
telmisartan-HCTZ  
terazosin  
timolol  
torseamide  
trandolapril  
trandolapril-verapamil ER  
triamterene-HCTZ  
valsartan  
valsartan-HCTZ  
Vecamyl  
verapamil  
verapamil ER  
verapamil ER PM  
verapamil SR

## Blood thinner related

aspirin-dipyridamole ER  
Brilinta  
cilostazol  
clopidogrel  
dipyridamole  
Eliquis  
Jantoven  
prasugrel  
warfarin  
Xarelto

## Cholesterol related

amlodipine-atorvastatin  
atorvastatin  
cholestyramine  
cholestyramine Light  
colesevelam  
colestipol  
ezetimibe  
ezetimibe-simvastatin  
fenofibrate  
fenofibric acid  
fluvastatin ER  
fluvastatin  
gemfibrozil  
lovastatin  
niacin ER  
Niacor  
omega-3 ethyl esters  
pravastatin  
Prevalite  
rosuvastatin  
simvastatin  
Triкло  
Welchol

## Diabetes related

*Please log in to the **myCigna** website or app, or check your plan materials, to learn more about how your plan covers diabetes-related preventive medications.*

acarbose  
alogliptin  
alogliptin-metformin

alogliptin-pioglitazone  
Basaglar  
Bydureon  
Byetta  
chlorpropamide  
Diabetic Supplies (i.e. lancets, syringes, urine test, alcohol pads)  
Farxiga  
glimepiride  
glipizide  
glipizide ER  
glipizide XL  
glipizide-metformin  
glyburide  
glyburide micronized  
glyburide-metformin  
Glyxambi  
Humalog  
Humulin  
Janumet  
Janumet XR  
Januvia  
Jardiance  
Kombiglyze XR  
Levemir  
metformin  
metformin ER  
miglitol  
nateglinide  
OneTouch test strips and meters  
Onglyza  
Ozempic  
pioglitazone  
pioglitazone-glimepiride  
pioglitazone-metformin  
QTERN  
repaglinide  
repaglinide-metformin  
Soliqua  
SymlinPen  
Synjardy  
Synjardy XR  
tolazamide  
tolbutamide  
Tresiba  
Trulicity  
Victoza

Xigduo XR  
Xultophy

## Osteoporosis related

alendronate  
calcitonin-salmon  
etidronate  
Forteo  
ibandronate  
Miacalcin  
raloxifene  
risedronate  
risedronate DR  
Tymlos

## Prenatal vitamins

*Your plan considers all prescription strength prenatal vitamins to be “preventive.”*

*Please check your drug list to see which tier your plan covers prenatal vitamins on.*

Brand name medications are capitalized and generic medications are lowercase



1. State laws in Texas and Louisiana may require your plan to cover your medications at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval, these changes may not begin until your renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on the back of your ID card.
2. Prices are not guaranteed, and even though a price is displayed in the Drug Cost tool, it's not a guarantee of coverage. Your costs and coverage may change by the time you fill your prescription at the pharmacy, and medication costs at individual pharmacies can vary. For example, your pharmacy's retail cash price for a specific medication may be less than the price shown in the Drug Cost tool. Coverage and pricing may change.
3. U.S. Food and Drug Administration (FDA) website, "Generic Drug Facts." Last updated 06/04/18.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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