

Texas Police Trainers LLC
(In partnership with *In The Moment Wellness Center*)
Trauma Affected Veterans (#4067)



Topics covered:

- Introduction
- Why are you're here?
- Veteran Defined
- An Overview of the Military
- Military Training and Culture: Veterans in Texas
- Military Culture 101
- Military Trauma
- Post-Traumatic Stress Disorder (PTSD)
- Traumatic Brain Injury (TBI)
- Military Sexual Trauma (MST)
- Moral Injury
- Understanding Military Families
- Law Enforcement/Military Similarities
- Leo/Veteran Encounters
- Depression/Suicide
- De-escalation
- Active Listening Skills
- Empathy
- Case Studies
- Scenarios

Who should attend: Licensed Peace Officers, Jailers, and Telecommunicators

Host Agency: Frisco Police Department

Training Location: 7200 Stonebrook Pkwy, Frisco, TX 75034

Course Date: August 23-25, 2022

Time: 8:00 am – 5:00 pm

Length of course: 24 hours (Training hours will be reported by Frisco Police Department)

Cost per attendee: \$100.00

To register, [click here](#) or go to <https://texaspolice trainers.com/tpt-sponsored-training/trauma-affected-veterans-4067/> or give us a call at 512-766-0659 to pay by phone or to receive an invoice.

Hotel: Holiday Inn Express & Suites Dallas-Frisco NW Toyota Stdm, 9444 Frisco St , Frisco, Texas 75033. **To get our discounted rate, please make your hotel reservation through Texas Police Trainers at 512-766-0659**

Instructor: Metari Garza, LCSW, CCM



Dr. Metari Garza, LCSW, CCM is a native of Houston, TX. She has an extensive background in social work and was inspired to enter the profession by her great-grandmother, who advocated for services for her son after he returned from the Vietnam War. During her professional career Metari has spent much of her time in the health care field. After exploring the mental health disparities among communities of Black Indigenous (and) People of Color (BIPOC) members, Metari decided to open a private practice to provide clinical mental health services to those in need. Metari is a U.S. Army Veteran who served as a training officer in the reserves for almost six years. Part of her duties included suicide prevention trainings to Service Members and their families. She considers herself an advocate for those whose voice may have been silenced by circumstances in life. Metari is a life-long learner who currently is pursuing her doctorate at Texas A & M University School of Public Health. What keeps her grounded is her spirituality and love for her family.

For a full copy of Dr. Metari Garza's credentials, please email texaspolice trainers@yahoo.com.

